



POLICY: ACCESSING MEALS FOR AN ILL STUDENT

UPDATE: October 13, 2017

A student's University ID Card must be presented for a Dining Services transaction. The University ID Card is not transferable and may only be used by the person to whom it is issued.

An exception to this policy will be made if a student is experiencing a serious illness. A student who is ill may arrange to have a meal prepared at one of the dining halls and picked up by a roommate or friend.

To order a meal:

The ill student must contact a Dining Hall manager to request a boxed meal.

- Orders with 6 or more hours' notice may be emailed to the Dining Hall
- Orders with less than 6 hours' notice must be call into the Dining Hall

The following information must be provided when ordering:

- Ill student's name, residence hall and telephone number
 - Identify any special needs regarding food allergies, gluten intolerances, etc.
 - Select meal from menu options listed below
- Name and telephone number of the student responsible to pick up the meal
- Pick up date(s) and time(s)
- Method of payment, i.e. meal, points or FLEX

To pick up a meal:

The student picking-up the boxed meal will need to present the following:

- Valid University ID Card
- A note signed by the ill student to approve pick-up of a meal
- The ill student's University ID Card

Payment Methods:

- One meal will be deducted from the ill student's meal plan, including meals ordered but not picked up OR
- Points or FLEX:
 - Breakfast: \$8.20
 - Lunch: \$11.50
 - Dinner: \$14.00
 - Brunch: \$11.80

Contact Information:

Dining Hall	Phone (for requests made with less than 6 hours' notice)	E-Mail (for requests made with 6 or more hours' notice)
Pencader	(302) 831-1458	pencaderdininghall@udel.edu
Russell	(302) 831-2576	russelldininghall@udel.edu
Rodney FFCo	(302) 831-1206	rodneydiningffco@udel.edu

Please contact Dining Services' Registered Dietitian if you have special dietary needs that cannot be met by the menu options listed below.

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302-831-1008
dml@udel.edu.

Sick Meal Options 2017-2018

BREAKFAST 1

Plain Bagel (available gluten free)

Banana or Diced Peaches

2 Hard Cooked Eggs

Apple Juice, Gatorade, Sprite or Water

Tea Bag and Sugar Packet

BREAKFAST 2

Instant Oatmeal (available gluten free)

Banana or Diced Peaches

2 Hard Cooked Eggs

Apple Juice, Gatorade, Sprite or Water

Tea Bag and Sugar Packet

LUNCH/DINNER 1

Chicken or Vegetable Broth (gluten free) with Crackers

Turkey Sandwich on Wheat (available on gluten free bread)

Banana or Diced Peaches

Pudding or Gelatin

Apple Juice, Gatorade, Sprite or Water

Tea Bag with Sugar Packet

LUNCH/DINNER 2

Chicken or Vegetable Broth (gluten free) with Crackers

Hummus Plate with Pita Wedge (available with gluten free bread)

Banana or Diced Peaches

Pudding or Gelatin

Apple Juice, Gatorade, Sprite or Water

Tea Bag with Sugar Packet

LUNCH/DINNER 3

Chicken or Vegetable Broth (gluten free) with Crackers

Entrée of the day (select from the menu)

Starch of the day (select from the menu)

Vegetable of the day (select from the menu)

Banana or Diced Peaches

Pudding or Gelatin

Apple Juice, Gatorade, Sprite or Water

Tea Bag with Sugar Packet