



Accessing Meals for an Ill or Injured Student Policy

Updated January 22, 2021

Policy:

If a student is experiencing an illness or injury that does not allow them to attend a regular meal service at one of the residential dining halls, the student may arrange to have a meal prepared at one of the dining halls and picked up by an authorized roommate or friend.

To order a meal:

The student must contact a dining hall manager to request a boxed meal.

- Orders with **more than 6 hours notice** may be emailed to the dining hall.

Pencader Dining Hall pencaderdininghall@udel.edu

Caesar Rodney Fresh Food Company (CR) rodneydiningffco@udel.edu

- Orders with **less than 6 hours notice** must be called into the dining hall.

Pencader Dining Hall (302) 831-1458

Caesar Rodney Fresh Food Company (CR) (302) 831-1206

The following information must be provided when ordering:

- Ill or injured student's name, phone number and residence hall
- Identify any special needs regarding food allergies, gluten intolerances, dietary restrictions, etc.
- Select meal from menu options listed below
- Name and phone number of the student authorized to pick up the meal
- Pick up date(s) and time(s)
- Method of payment, i.e. meals, points or Flex

To pick up a meal:

The student picking up the boxed meal will need to present the following:

- Their valid University ID Card in addition to the ill or injured students' valid University ID Card
- A note signed by the ill or injured student approving the pickup of the meal

Payment methods:

One meal (or equivalent amount utilizing points or Flex) will be deducted from the student's meal plan. *This includes meals ordered but not picked up.*

- Breakfast: \$8.55
- Lunch: \$12.05
- Dinner: \$14.35

Meal Options 2020-2021
BREAKFAST 1
Plain Bagel (available gluten free)
Banana or Applesauce
2 Hard Cooked Eggs
Apple Juice, Gatorade, Sprite or Water
Tea Bag and Sugar Packet
BREAKFAST 2
Instant Oatmeal (available gluten free)
Banana or Applesauce
2 Hard Cooked Eggs
Apple Juice, Gatorade, Sprite or Water
Tea Bag and Sugar Packet
LUNCH/DINNER 1
Chicken or Vegetable Broth (gluten free) with Crackers
Turkey Sandwich on Wheat (available on gluten free bread)
Banana or Applesauce
Pudding or Gelatin
Apple Juice, Gatorade, Sprite or Water
Tea Bag with Sugar Packet

LUNCH/DINNER 2
Chicken or Vegetable Broth (gluten free) with Crackers
Hummus Plate with Pita Wedge (available with gluten free bread)
Banana or Applesauce
Pudding or Gelatin
Apple Juice, Gatorade, Sprite or Water
Tea Bag with Sugar Packet
LUNCH/DINNER 3
Chicken or Vegetable Broth (gluten free) with Crackers
Unseasoned Grilled Chicken Breast
Steamed White Rice
Vegetable of the day (select from the menu)
Banana or Applesauce
Pudding or Gelatin
Apple Juice, Gatorade, Sprite or Water
Tea Bag with Sugar Packet
LUNCH/DINNER 4
Chicken or Vegetable Broth (gluten free) with Crackers
Entrée of the day (select from the menu)
Starch of the day (select from the menu)
Vegetable of the day (select from the menu)
Banana or Applesauce
Pudding or Gelatin
Apple Juice, Gatorade, Sprite or Water
Tea Bag with Sugar Packet